

12th ANNUAL JOYCE'S JOG 5K AND 1-MILE FUN RUN/WALK

SATURDAY, OCTOBER 20, 2018
PONDER ENTERPRISES, DOWNTOWN
208 EAST 3RD STREET (CORNER OF HWY 84 & HWY 91)
DONALSONVILLE, GA

SCHEDULE: Optional Packet Pick-Up: Friday Oct. 19, 4:00-6:00 Ponder Enterprises
Race Day Registration/Check In: 6:30-7:15 AM *(in parking lot by starting line)*
1 Mile Start 7:30 AM & 5K Start 8:00 AM

REGISTER ONLINE AT SIGNMEUP.COM/JOYCESJOG

5K, 1 MILE & T-SHIRT ONLY FEES: Price through/post-marked by October 12: \$20
Price after October 12: \$25 *(T-shirts guaranteed on race day to those who register by October 12)*
5K & 1 MILE (NO SHIRT) FEES: \$15 *(Please circle N/A for shirt size below)*

PROCEEDS BENEFIT BREAST CANCER –Thank you for your support!

AWARDS: 1ST, 2ND, 3RD IN ALL AGE DIVISIONS * 1ST OVERALL MALE AND FEMALE * MASTERS MALE AND FEMALE (40 & OVER)* GRAND MASTERS MALE AND FEMALE (50 & OVER) *SEMINOLE COUNTY MALE AND FEMALE * Age divisions: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ **Finisher medal & awards to children under 14 in the fun run only.**

Name: _____ **Birthday:** ____/____/____ **Age:** _____

Street Address: _____ **City:** _____ **State:** _____

Email Address: _____ **Gender (Circle):** M F **Phone:** ____-____-____

T-Shirt Size (Circle): N/A S M L XL 2XL 3XL Yth S Yth M Yth L

Event Choice (Circle): 5K 1 Mile T-Shirt ONLY **Breast Cancer Survivor? (Circle):** Y N

Seminole County Resident? Y N Additional Donation: \$_____

WAIVER: I waive any and all claims for myself and my heirs against officials and/or sponsors, the county of Seminole, the city of Donalsonville, the Donalsonville/Seminole County Chamber of Commerce, and the Harvest Festival Committee or the JOYCE'S JOG committee for injury or illness which may directly or indirectly result from my participation in the race. I further state that I am in proper physical condition to participate in this race.

PARTICIPANT'S SIGNATURE

PARENT /GUARDIAN IF UNDER 18 YRS

Make checks payable to JOYCE'S JOG and mail to: P. O. BOX 4512 DONALSONVILLE, GA 39845
For more info, visit: www.joycesjog.com OR Contact Steffey Vines at 229-254-2867 or Steffey@windstream.net